HOSPICE





Bereavement Support Groups

KP Southern California Hospice is here to support you through our bereavement program which is part of the Hospice care team. The death of a loved one impacts us in many ways. We each mourn in our own way and in our own time. While it is a completely normal process, it can be difficult and consuming. Scheduled support groups will discuss feelings of grief, how to cope, healing in healthy ways, and provide daily practical tasks to achieve emotional and physical wellness.

VIRTUAL SUPPORT GROUPS AVAILABLE TO YOU: INLAND EMPIRE

Morning

Location: Virtual Call-In 2nd and 4th <u>Tuesday</u> 9:00am - 10:00am

Afternoon

Location: Virtual Call-In

Mondays

3:00pm - 4:00pm

IN-PERSON SUPPORT GROUPS AVAILABLE TO YOU: INLAND EMPIRE

Murrieta

1st and 3rd Tuesday 3:00pm - 4:30pm

Fontana / Palm Court II

2nd and 4th Wednesday 11:00am - 12:30pm

Corona

1st and 3rd Tuesday 3:00pm - 4:30pm Redlands – 8 Week Closed Group: Walking to Heal Grief

Thursdays - 9/11/25 - 10/30/25

9:30am - 10:30am

No charge for attendance / Open to the community *Groups space is subject to availability, please call ahead to register: 909-368-7398