KP Southern California Hospice is here to support you through our bereavement program which is part of the Hospice care team. The death of a loved one impacts us in many ways. We each mourn in our own way and in our own time. While it is a completely normal process, it can be difficult and consuming. Scheduled support groups will discuss the stages of grief, how to cope, and grieve in healthy ways, and provide daily practical tasks to achieve emotional and physical wellness.

*SUPPORT GROUPS AVAILABLE TO YOU: NW LOS ANGELES COUNTY VALLEYS AGENCY

**Woodland Hills – (Day)**
Location: Virtual
1st & 3rd Tuesdays (10:00-11:30am)
RSVP: 818-832-7295 or 818-375-3528

**Simi Valley – (Evening)**
Location: Virtual
1st & 3rd Mondays (5:00-6:30pm)
RSVP: 818-832-7295 or 818-375-3528

**Woodland Hills – (Evening)**
Location: Virtual
1st & 3rd Thursdays (6:30-8:00pm)
RSVP: 818-832-7295 or 818-375-3528

**Panorama City – (Evening)**
Location: Virtual
1st & 3rd Wednesdays (6:30-8:00pm)
RSVP: 818-832-7295 or 818-375-3528

VALLEYS AGENCY (ANTELOPE VALLEY) – ON HOLD – PLEASE CALL

**Palmdale & Lancaster – (Evening)**
Location: Virtual/Call-In
1st & 3rd Thursdays (5:00-6:30pm)
RSVP: 818-832-7295 or 818-375-3528

No charge for attendance / Open to Kaiser Permanente Members.
*Groups space is subject to availability, please call ahead to register.

https://homecare-scal.kp.org/hospice/bereavement-support