KP Southern California Hospice is here to support you through our bereavement program which is part of the Hospice care team. The death of a loved one impacts us in many ways. We each mourn in our own way and in our own time. While it is a completely normal process, it can be difficult and consuming. Scheduled support groups will discuss feelings of grief, how to cope, healing in healthy ways, and provide daily practical tasks to achieve emotional and physical wellness.

*SUPPORT GROUPS AVAILABLE TO YOU: DOWNEY, SOUTH BAY, & SAN GABRIEL VALLEY AREAS

**TRI-CENTRAL AGENCY**

(Mid-Morning)  
Virtual Call-In/Camera On  
Thursdays (10:00-11:30pm)  
Meets every other Thursday  
Register: 562-622-3863

(Evening)  
Virtual Call-In Audio Only  
2nd & 4th Wednesdays (7:00-8:30pm)  
Register: 562-622-3863

No charge for attendance / Open to the community  
*Groups space is subject to availability, please call ahead to register

https://homecare-scal.kp.org/hospice/bereavement-support/